MAHATMA GANDHI COLLEGE
LALPUR, PURULIA

ADD-ON COURSE

ON

Bratachari

Tenure: - April, 2023 to May, 2023

Duration: - 30 Hours

No. of Enrolled Students: -31

Offered by: - The Department of Physical Education

Coordinator: - Smt. Subhra Gorai

Asst. Coordinator: - Smt. Tanima Dasgupta

To

The Principal
Mahatma Gandhi College
Lalpur, Purulia

Through
IQAC, M. G. College

Subject: Application for Offering Add on course for the session:-

Sir,

With due respect I, Subhra Gorai, Department of Physical Education want to inform you that, our department is willing to offer an add on course entitled "Brotachari" for the ongoing session. The details of the course and evaluation procedure are attached herewith.

Kindly do the needful in our favor so that we could run the program successfully.

Thanking you

Yours faithfully

Subhra Gorai
12/03/23
H.O.D
Dept of Physical Education

Approved
Principal,
Mahatma Gandhi College
Lalpur, Dakshi, Purulia

MAHATMA GANDHI COLLEGE
ESTD.-1981
LALPUR, PURULIA

Course Details

Course Objective:

The course will help to create awareness amongst students to have good health. *Bratachari* movement seeks to create in each country a nationwide discipline of common citizenship among persons of both sexes, of all castes and creeds and of all ages, by developing a high character, physical fitness in ideal and practice, the pursuit of constructive work, an observance of the dignity of labour and a joyous .

Course Content:

Unit	Course content	Hours
1	*BRATACHARI* MOVEMENT	3
2	*BRATACHRI JATIYA SANGEET*	3
3	*BRATACHARI ANUSTHAN SANGEET*	3
4	*BRATACHARI KARMASANGEET*	3
5	*BRATACHARI SWADHARABAHI SANGEET*	3
6	*BRATACHARI DESHBANDANA*	3
7	All song practice	4
8	All action dance with songs practice	4
9	All action dance with songs practice	4
	Total Course Duration	30 Hrs
10	Examination-(viva and practical)	4
11	Review of results	2

Learning Outcome:

Bratachari exercises enable the individual to utilize the discipline of rhythmic training for the purpose of acquiring mastery not only over the body but also over the sub-conscious self and for transforming character and thus to become the arbiter of his or her own destiny.

12/03/23

Mahatma Gandhi College,Lalpur,Purulia

Department of Physical Education

Notice **Dated:** 05/04/23

It is informed to all the students of B.A(Prog.) of Sem-VI ,2023 that without any course fee an Add-on-Course on **'Bratachari'** will be conducted by the **Dept. of Physical Education** from 10/04/23 to 19/05/23 Total 50 Students to be enrolled for the above mentioned course. Those who are interested, is directed to attend the class on 10/04/23 on 9a.m. at college ground .

Total duration of the course is 30 hours.

05/04/23

HOD,Dept. Physical Education

MAHATMA GANDHI COLLEGE ★ LALPUR PURULIA ★ ESTD: 1981

Dept. of Physical Education
Enrolment sheet

MAHATMA GANDHI COLLEGE ESTD.-1991 LALPUR, PURULIA

Attendance sheet of Add on Course in "Bratachari"

Date:- **Time:-**

SL	Roll No.	Name	Signature	Semester
1.	691	Soumen Maji	Soumen Maji	6th
2.	1338	Pradip Mahato	Pradip Mahato	6th
3.	832	Arup kr Mudi	Arup kr Mudi	6th
4.	608	Jayanta Savis	Jayanta Savis	6th
5.	903	subhasish Pore	subhasish Pore	6th
6.	656	Sourav paramanik	Sourav Paramanik	6th
7.	774	Ranjit Gorke	Ranjit Gorke	6th
8.	930	Samir Kumar Mahato	Samir Kumar Mahato	6th
9.	673	SUKANTA ADHIKARI	Sukanta Adhikari	6th
10.	1037	Vivekananda Hansda	Vivekananda Hansda	6th
11.	811	Sandipan Baskey	Sandipan Baskey	6th
12.	695	Mrinal Kanti Mahato	Mrinal Kanti Mahato	6th
13.	1159	Dhrubalal Hansda	Dhrubalal Hansda	6th
14.	665	Nitai Mandal	Nitai Mandal	6th
15.	1023	Uday soren	Uday soren	6th
16.	987	Ajanta Mahato	Ajanta Mahato	6th
17.	1328	Sourav Maji	Sourav Maji	6th
18.	775	Chiranjit Mandal	Chiranjit Mandal	6th
19.	1102	Maya Bouri	Maya Bouri	6th
20.	751	Pratima Das	Pratima Das	6th
21.	513	Rimpa Barai	Rimpa Barai	6th
22.	1140	Samapti mandal	Samapti mandal	6th
23.	612	Pampa Mahato	Pampa Mahato	6th
24.	401	Deba Briya De	Deba Briya De	6th
25.	1218	Gandhari Das	Gandhari Das	6th
26.	1146	Pritilata Mahato	Pritilata Mahato	6th
27.	690	Puja Karmakar	Puja Karmakar	6th
28.	696	Tanushree Mundu	Tanushree Mundu	6th
29.	681	Priya Mahato	Priya Mahato	6th

Barai 30/03/23

Enrolment Sheet - 2

30.	699	Rimpa Mahato	Rimpa Mahato	6th sem
31.	1224	Sabitri Kisku	Sabitri Kisku	6th sem
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Signature 30/03/23

ADD-ON COURSE ON "BRATACHARI"

List of the Enrolled Students:

Sl. No.	Name of the Student	Class	Class Roll No.	Stream (BA/ BCOM/BSC)& Course (Hons. / Program.)
1	SOUMEN MAJI	6TH SEM	691	B.A (PROG.)
2	PRADIP MAHATO	6TH SEM	1338	B.A (PROG.)
3	ARUP KR.MUDI	6TH SEM	832	B.A (PROG.)
4.	JAYANTA SAHIS	6TH SEM	608	B.A (PROG.)
5	SUBHAJIT GOPE	6TH SEM	903	B.A (PROG.)
6	SOURAV PARAMANIK	6TH SEM	656	B.A (PROG.)
7	RANJIT GOPE	6TH SEM	774	B.A (PROG.)
8	SAMIR KUMAR MAHATO	6TH SEM	930	B.A (PROG.)
9	SUKANTA GHOSH	6TH SEM	673	B.A (PROG.)
10	VIVEKANANDA HASDA	6TH SEM	1037	B.A (PROG.)
11	SANDIPAN BASKEY	6TH SEM	811	B.A (PROG.)
12	MRINAL KANTI MAHATO	6TH SEM	695	B.A (PROG.)
13	DHRUBALAL HASDA	6TH SEM	1159	B.A (PROG.)
14	NITAI MANDAL	6TH SEM	669	B.A (PROG.)
15	UDAY SAREN	6TH SEM	1023	B.A (PROG.)
16	AJANTA MAHATO	6TH SEM	987	B.A (PROG.)
17	SOURAV MAJI	6TH SEM	1328	B.A (PROG.)
18	CHIRANJIT MANDAL	6TH SEM	775	B.A (PROG.)
19	MAYA BOURI	6TH SEM	1102	B.A (PROG.)
20	PRATIMA DAS	6TH SEM	751	B.A (PROG.)
21	RIMPA GORAI	6TH SEM	513	B.A (PROG.)
22	SAMAPTI MANDAL	6TH SEM	1140	B.A (PROG.)
23	PAMPA MAHATO	6TH SEM	612	B.A (PROG.)
24	DEBAPRIYA DE	6TH SEM	491	B.A (PROG.)
25	GANDHARI DAS	6TH SEM	1218	B.A (PROG.)
26	PRITILATA MAHATO	6TH SEM	1146	B.A (PROG.)
27	PUJA KARMAKAR	6TH SEM	690	B.A (PROG.)
28	TANUSHREE KUNDU	6TH SEM	696	B.A (PROG.)
29	PRIYA MAHATO	6TH SEM	681	B.A (PROG.)
30	RIMPA MAHATO	6TH SEM	699	B.A (PROG.)
31	SABITRI KISKU	6TH SEM	1224	B.A (PROG.)

Gorai 30/03/23

MAHATMA GANDHI COLLEGE ESTD.-1981 LALPUR, PURULIA

MAHATMA GANDHI COLLEGE ESTD.-1981 LALPUR, PURULIA

Attendance sheet of Add on Course in "Bratachari"

Date:- 10/04/23 **Time:-** 9am to 11:00 am

SL	Roll No.	Name	Signature	Semester
1.	695	Mrinal Kanti Mahato	Mrinal Kanti Mahato	6th
2.	608	Jayanta Saris	Jayanta Saris	6th
3.	774	Ranjit Gate	Ranjit Gate	6th
4.	832	Anup kr Mudi	Anup kr Mudi	6th
5.	987	AjantaMah	AjantaMahato	6th.
6.	775	Chiranjit Manda	Chiranjit Mandal	6th
7.	930	Samir Kumar Mahato	Samir Kumar Mahato	6th
8.	673	Sukula [illegible]	Sukula [illegible]	6th
9.	401	DebaBrijaDe	DebaBrija De	6th
10.	1140	Pritilata Mahato	Pritilata Mahato	6th
11.	1023	Uday Soren	Uday Soren	6th
12.	1102	Maya Bouri	Maya Bouri	6th
13.	751	Pratima Dey	Pratima Dey	6th
14.	669	Nitai Mandal	Nitai Mandal	6th
15.	513	Rimpa Barai	Rimpa Barai	6th
16.	612	Pampa Mahato	Pampa Mahato	6th
17.	1140	Samapti mandal	Samapti Mandal	6th
18.	1037	Vivekananda Hansda	Vivekananda Hansda	6th
19.	656	Sourav Paramanik	Sourav Paramanik	6th
20.	828	Sourav Maji	Sourav Maji	6th
21.	811	Sandipan Baskey	Sandipan Baskey	6th
22.	1338	Padip Mahato	Padip Mahato	6th
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10/04/23

Mahatma Gandhi College,Lalpur,Purulia

Department of Physical Education

Notice **Date:** 10/05/23

It is Notified to all enrolled students of **Physical Education** Add-on Course on 'Bratachari' that a practical examination of 100 marks (80 practical+20 oral) will be held on 19/05/2023 at 9a.m. at college ground.

All the students are directed to appeared in the examination.

Sgorai 10/05/23

HOD,Dept. Physical Education

MAHATMA GANDHI COLLEGE ★ ESTD: 1981 ★ LALPUR, PURULIA

MAHATMA GANDHI COLLEGE, LALPUR, PURULIA
DEPARTMENT OF PHYSICAL EDUCATION
ADD-ON COURSE- TITLE:"BRATACHARI"
RESULT SHEET DATE OF EXAM.-19/05/2023

Sl. No.	Name of the Student	Class	Class Roll No.	Stream & Course	Score in Practical Exam.	VIVA	Total Marks Obtained	Result/ Grade	
1	SOUMEN MAJI	6TH SEM	691	B.A (PROG.)	75	16	91	PASS	A
2	PRADIP MAHATO	6TH SEM	1338	B.A (PROG.)	66	14	80	PASS	A
3	ARUP KR.MUDI	6TH SEM	832	B.A (PROG.)	75	14	89	PASS	A
4.	JAYANTA SAHIS	6TH SEM	608	B.A (PROG.)	56	12	68	PASS	B
5	SUBHAJIT GOPE	6TH SEM	903	B.A (PROG.)	55	12	67	PASS	B
6	SOURAV PARAMANIK	6TH SEM	656	B.A (PROG.)	71	13	84	PASS	A
7	RANJIT GOPE	6TH SEM	774	B.A (PROG.)	64	14	78	PASS	B
8	SAMIR KUMAR MAHATO	6TH SEM	930	B.A (PROG.)	55	11	66	PASS	B
9	SUKANTA GHOSH	6TH SEM	673	B.A (PROG.)	60	12	72	PASS	B
10	VIVEKANANDA HASDA	6TH SEM	1037	B.A (PROG.)	72	15	87	PASS	A
11	SANDIPAN BASKEY	6TH SEM	811	B.A (PROG.)	70	13	83	PASS	A
12	MRINAL KANTI MAHATO	6TH SEM	695	B.A (PROG.)	66	14	80	PASS	A
13	DHRUBALAL HASDA	6TH SEM	1159	B.A (PROG.)	70	13	83	PASS	A
14	NITAI MANDAL	6TH SEM	669	B.A (PROG.)	74	15	89	PASS	A
15	UDAY SAREN	6TH SEM	1023	B.A (PROG.)	72	14	86	PASS	A
16	AJANTA MAHATO	6TH SEM	987	B.A (PROG.)	75	14	89	PASS	A
17	SOURAV MAJI	6TH SEM	1328	B.A (PROG.)	74	14	88	PASS	A
18	CHIRANJIT MANDAL	6TH SEM	775	B.A (PROG.)	60	12	72	PASS	B
19	MAYA BOURI	6TH SEM	1102	B.A (PROG.)	75	14	89	PASS	A
20	PRATIMA DAS	6TH SEM	751	B.A (PROG.)	69	16	85	PASS	A
21	RIMPA GORAI	6TH SEM	513	B.A (PROG.)	64	14	78	PASS	B
22	SAMAPTI MANDAL	6TH SEM	1140	B.A (PROG.)	64	16	80	PASS	A
23	PAMPA MAHATO	6TH SEM	612	B.A (PROG.)	63	12	75	PASS	B
24	DEBAPRIYA DE	6TH SEM	491	B.A (PROG.)	73	14	87	PASS	A
25	GANDHARI DAS	6TH SEM	1218	B.A (PROG.)	60	13	73	PASS	B
26	PRITILATA MAHATO	6TH SEM	1146	B.A (PROG.)	73	13	86	PASS	A
27	PUJA KARMAKAR	6TH SEM	690	B.A (PROG.)	66	14	80	PASS	A
28	TANUSHREE KUNDU	6TH SEM	696	B.A (PROG.)	60	13	73	PASS	B
29	PRIYA MAHATO	6TH SEM	681	B.A (PROG.)	72	12	84	PASS	A
30	RIMPA MAHATO	6TH SEM	699	B.A (PROG.)	66	14	80	PASS	A

MAHATMA GANDHI COLLEGE ESTD.-1981 LALPUR, PURULIA

21/05/2023

MAHATMA GANDHI COLLEGE, LALPUR

Daldali , Purulia PIN 723130

mahatmagandhicollegelalpur.ac.in

NAAC Accredited, Grade 'B+' w.e.f. 16.09.2016

Certificate

This is to certify that .....a bonafied student of Sem ..... of Mahatma Gandhi College , Lalpur, Purulia has successfully completed the Add-on Course on "Brata chari" ...." organized by the Department of Physical Education from April, 2023 to May, 2023 and he / she has obtained A/ B/ C grade.

Principal

Course Coordinator